

# CONTINUING EDUCATION

FALL 2017 | WINTER/SPRING 2018

## Procrastination, Play, and Workflow | Kourosh Dini, MD

1-4 p.m. Saturday, April 21  
122 S. Michigan Ave., 13th floor

Donald Winnicott's notion of play helps us understand a central principle: that mastery and meaningful work develop from guided play. Therapists create environments where clients rediscover trust, recover the sense of play they need to grow again, and develop a sense of agency. This helps them to create 'playgrounds' that work best for them within their work lives and relationships, whether writing a paper, seeing a patient, enjoying gardening, or other activities. Participants in this workshop will gain an understanding of fostering play in relationship to work, a concept of and method for practicing Workflow Fundamentals, and methods to structure and support a Session of Work.

*Educational Objectives:* Based on the content of this CE program, participants will have a better understanding of:

- 1) Concepts of constructing a workflow.
- 2) The importance of play in work.
- 3) Concrete suggestions for addressing procrastination.

**CE Credits: 3 Fee: \$60 (\$70 day of)**

**Register Now: [Chicagoanalysis.org](http://Chicagoanalysis.org)**

Pre-registration is required to receive free or discounted admission to continuing education courses. Scholarships are available upon request from Damita Wilson, continuing education coordinator, at 312-897-1411. If you wish to register more than 3 participants for an event, please contact us to receive a 10% discount.

**Questions?** Contact Damita Wilson,  
[dwilson@chicagoanalysis.org](mailto:dwilson@chicagoanalysis.org) or 312-897-1411

### Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Chicago Institute for Psychoanalysis. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

American Psychoanalytic Association designates this Live Activity for a maximum 3.0 AMA PRA Category 1 Credit(s)<sup>™</sup>.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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